



Explore Canada

Discover Canada through a rugby tour with England Rugby Travel. For great life experiences, friendships, memories and much more stretch your horizons on the ultimate rugby tour.



England Rugby Travel is a joint venture between Mike Burton Travel and the Rugby Football Union (RFU). Registered in England No.2616655

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TOUR CANADA

Canada is the second largest country in the world but with only three people per square km has the fourth lowest population density in the world.

This allows for a spectacular and natural landscape and some of the best skiing resorts there are. A culturally diverse country, heavily influenced by the British and French, Canada offers travellers an unforgettable touring experience.

TORONTO

From cosmopolitan chic to country charm, Toronto's neighbourhoods offer an eclectic mix of architecture, food and shopping. This vast cultural diversity creates a worldly experience for visitors.

Niagara Falls

Forming the international border between Ontario and the state of New York, the 'Horseshoe Falls', standing 50 meters tall drain Lake Erie into Lake Ontario and have the highest flow rate of any waterfall in the world. This simple stunning scenery is unmissable.

CN Tower

The famous CN Tower, a communications and observation tower stands at 553.3 meters, one of the world's tallest buildings.

OTTAWA

Ottawa is one of the most beautiful capitals in the world. A thriving destination rich in culture and heritage, national institutions, parklands, waterways and historic architecture Ottawa is a great tourism destination.

Riverrun Resort

Experience the incredible thrill of white water rafting on the Ottawa River

MONTREAL

Montreal is a vibrant city with huge French and English influences. Montreal is one of the world's great "cosmopolitan" cities and enjoys international acclaim.

Lachine Rapids

Jet Boating the Lachine Rapids is an adventurous and fun way to view the rivers of the city and is a top tourist attraction.

VANCOUVER

Majestic mountains, sparkling ocean, rainforests and beautiful flora throughout the year make Vancouver one of the most beautiful cities in the world.

Vancouver Lookout

168m above the ground you will enjoy spectacular, panoramic views from the observation deck. Enjoy the views of cosmopolitan Vancouver, historic Gastown and Coal Harbour.

CALGARY

Calgary is an attractive and dynamic city situated on the banks of the Bow River and close to the majestic Rocky Mountains. The Calgary Stampede, Calgary's best-known visitor attraction featuring a large parade and world-class rodeo, draws more than one million people each year. The host city of the 1988 Winter Olympic Games takes great pride in its sporting legacy.

Canada Olympic Park

Home to the 1988 Winter Olympics the park is now home to training athletes and many activities such as skating, summer bobsleigh rides and climbing.



Sport in Canada

Although the inventors of Basketball and the Baseball glove favour the winter sports of ice hockey and skiing, rugby and netball top the list of second sports.

Interest in rugby has rocketed over the years and this has been reflected in the Canadian national team and their performances at recent Rugby World Cups.

You can count on a warm and friendly welcome from the Canadians who hosted their second winter Olympics in 2010.

Rugby is played from May to October on the East Coast and from October to May on the West Coast.

Flight times (approximate)

London Heathrow Airport to Montreal 6 hours
London Heathrow Airport to Toronto 7 hours
London Heathrow Airport to Vancouver 9 hours

Currency

Canadian Dollars (CAD)

Weather in Canada

Canada's climate is not as cold all year around as some may believe. In winter, temperatures fall below freezing point throughout most of Canada. But the south-western coast has a relatively mild climate. During the summer months the southern provinces often experience high levels of humidity and temperatures that can surpass 30 °C regularly.

Time Difference

Motreal, Toronto GMT -5 hours
Vancouver GMT -7 hours

Main Language(s)

English, French

Visas

Visitor visas for your tour will not be required if you are a British National. No prior arrangements need to be made and the visa stamp is free when arriving in Canada.



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TOUR CANADA - SAMPLE ITINERARY DAYS 1-6

A vast country that will stretch the boundaries of discovery, a rugby tour to Canada will not only provide great opposition but will be big on adventure, natural wonders and adrenaline. Don't miss it.



DAY 1 DEPARTURE

1

An England Rugby Travel representative will meet you at the airport to oversee check in for your flight to Ottawa.

DAY 2 OTTAWA

2

On arrival in Ottawa, you will transfer to your accommodation for a four night stay. Remainder of day at leisure to acclimatise and familiarise yourself in Canada's capital city Ottawa.

DAY 3 OTTAWA

3

After breakfast transfer to the Canadian War Museum. See if you can decipher the Morse Code hidden in the small windows on the sides of the Museum's central copper roof. After lunch travel to the ByWard Market. 'The Market' as it's known to locals, is a favoured shopping district not only for fresh produce, but for a wide range of fashion, decor and speciality shops.



Ottawa River Rafting action

DAY 4 OTTAWA MATCH DAY ONE

4

Play your first fixture of the tour and then enjoy a traditional Canadian post match function.

DAY 5 OTTAWA

5

Spend the day white water rafting down the Rocher Fundu rapids of the Ottawa River with an organised trip to the Riverrun Resort.

DAY 6 OTTAWA / TORONTO

6

Transfer to Ottawa airport for your flight to Toronto. On arrival transfer to your accommodation for a six night stay. Remainder of day at leisure to explore this cosmopolitan city, the largest city in Canada.



The impressive Niagara Falls

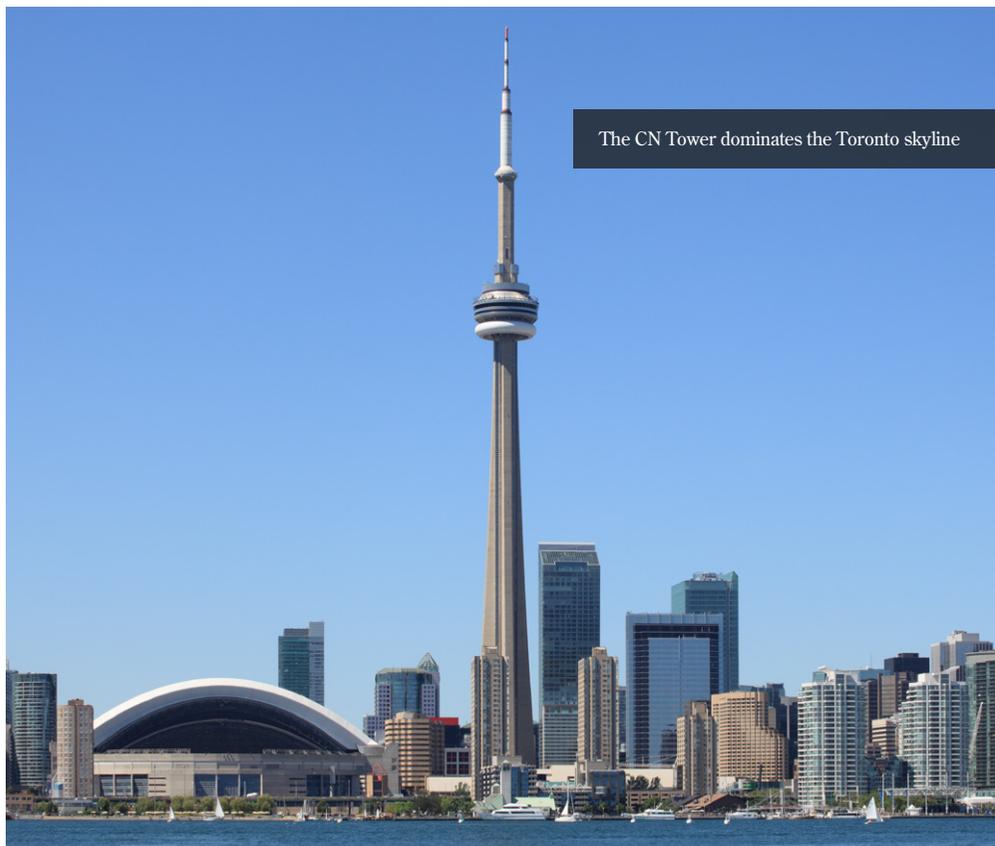


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DAY 7 TORONTO MATCH DAY TWO
Play your second fixture and enjoy the post match function.

DAY 8 TORONTO
After breakfast enjoy a day visiting the Paramount Canada's Wonderland, Canada's premier amusement park.

DAY 9 TORONTO
Take a trip up the famous CN Tower. The communications and observation tower stands at 553.3 meters, one of the world's tallest buildings. If heights aren't for you then take the hippo tour of the city viewing all of Toronto's main attractions including the Hockey Hall of Fame, Hummingbird Centre, Air Canada Centre, Molson Amphitheatre, IMAX, Eaton Centre, Osgoode Hall, Old and New City Hall, Toronto's waterfront and Ontario Place.

DAY 10 TORONTO MATCH DAY THREE
This afternoon you will play your third and final fixture of the tour. Afterwards enjoy the post match function before transferring to the Rogers centre to watch a Toronto Blue Jays home baseball game (schedule permitting).

DAY 11 TORONTO
Day excursion to the iconic Niagara Falls. Forming the international border between Ontario and the state of New York, the 'Horseshoe Falls', standing 50 meters tall drain Lake Erie into Lake Ontario and have the highest flow rate of any waterfall in the world.

DAY 12 TORONTO / UK
Transfer to airport for your return flight to the UK.